



HOME EQUIPMENT 7 – Day Kit SUPPLY LIST

The following items should be gathered and kept in a container(s) that is easy to get to in the event of an emergency or disaster. The type of container you store these items in will vary depending on how much space it takes up, your personal preference, and your ability to move the container. If one container is too heavy to carry, store the items in separate containers. In the event that you need to evacuate and go to a shelter, you need to be able to bring your supplies with you. Gather all of your items first before purchasing containers. Store your food in a separate container, if possible.

1. Container or containers to hold the items listed below – needs to be closeable and mostly water-tight. Large plastic boxes with lids, or plastic garbage cans are best.
2. One large clean plastic tarp (10' x 10' or 12' x 12')
3. Package of plastic sheeting or drop cloth (can be found in the paint dept at a hardware store)
4. Large package of rope (nylon recommended – look at the strength on the package)
5. Battery operated or hand crank AM/FM and Weather band radio
6. Flashlight(s), hand crank or battery operated
7. First Aid Kit (all the supplies that are not in your Grab n' Go Backpack kit)
8. Packages of extra batteries (enough for spares for radio and flashlights)
9. One roll of duct tape
10. Large pocket knife, multi purpose tool, or a good sturdy hunting type knife
11. Pliers
12. Adjustable wrench (needs to be large enough to shut off water and gas)
13. Screwdrivers (straight and Phillips head)
14. Flat bar or pry bar
15. Leather palmed work gloves (one pair for each adult member of the family)
16. One box of heavy-duty lawn and leaf or construction bags (for waste and sanitation)
17. One box of one gallon sized ziplock bags
18. Package of aluminum foil (can be used for cooking or sealing off vents with duct tape)
19. Waterproof matches (keep in ziplock bag)
20. One can of spray disinfectant
21. Five gallon paint pail with a lid (can be used to gather water or as a portable toilet)
22. One gallon of chlorine bleach
23. Assorted measuring devices such as a teaspoon, a tablespoon and a cup measure (for bleach)
24. Bar of antibacterial soap or liquid antibacterial soap
25. A few clean white hand towels
26. Package of baby wipes (for easy cleanup)
27. Toilet paper (number of rolls depends upon number of people in the household)
28. Large bottle of waterless hand sanitizer
29. Feminine and personal hygiene items, as needed
30. Extra pair of prescription glasses or enough contact lenses and supplies for one week
31. Dental hygiene, toothbrushes and toothpaste, denture supplies
32. Can opener – non electric
33. Map of local area which shows shelter locations (keep in ziplock bag)
34. Whistle or airhorn
23. Toys, games and books for children. Stuffed toys are good for comfort.

OTHER ITEMS YOU MAY WANT TO INCLUDE:

1. Bible or Spiritual resource
2. Disaster Preparedness Handbook
3. Emergency Rain Ponchos (large garbage bags can be used as ponchos too)

IF YOU HAVE AN INFANT, you must make sure to have enough of the following for 7 days: Diapers, Wipes, Food, Formula, Baby bottle or sippy cup, 7 gallons of bottled water (I don't recommend giving infants water that you have purified unless absolutely necessary). Changes of Clothes (warm clothes), Necessary medicine, Snuggly toy or Lovey. **IF YOU HAVE AN ELDERLY RELATIVE**, take their special needs into account. They may need extra items that are not listed above. Don't forget to pack WARM clothes for them!! **WOOL IS THE BEST FOR WARMTH!!**